

DIRECTION FOR JUNE 2026



**“ENTRUST ALL OUR CARES TO JESUS.
INTENTIONALLY SPEND MORE TIME IN THE
BLESSED SACRAMENT TO RENEW OUR
DEPENDENCE ON HIM, THE LIVING BREAD.
REMAIN IN HIM THROUGH FASTING,
RECEIVING THE SACRAMENTS AND LIVING
HIS WORDS. USE OUR LIPS TO ENCOURAGE
UNITY, UPBUILD EACH OTHER AS WE ALIGN
OUR LIVES WITH HIS TEACHINGS FOR THE
GLORY OF HIS NAME.”**